| UMC Health System<br>OB/GYN CESAREAN SECTION POST-OP PLAN<br>- Phase: Analgesics and Sedating Medications |   | Pa                           | atient Label Here                   |  |
|---|---|------------------------------|-------------------------------------|--|
|   | BUVCICIA  | N ORDERS                     |                                     |  |
| Diagnosi  |   | N ORDERS                     |                                     |  |
| Weight  | Allergies   |                              |                                     |  |
| weight  | Place an "X" in the Orders column to designate orders of choice AN  | D on "x" in the openific ord | ar datail bay(as) where applicable  |  |
| ORDER   |   | D an X in the specific ord   | er detail box(es) where applicable. |  |
| ORDER   | Additional Orders   |                              |                                     |  |
|   | If patient received an epidural/intrathecal medication in the OR, Do NOT following medication administration. |                              |                                     |  |
|   | If patient DID NOT receive an epidural/intrathecal medication, these order                                    |                              |                                     |  |
| 🗆 то  | Read Back   | Scanned Powerchart           | Scanned PharmScan                   |  |
| Order Take  | n by Signature:   | Date                         | Time                                |  |
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| i nysiciail (   |   |                              |                                     |  |



|   | UMC Health System  | F                                      | Patient Label Here                    |  |  |
|---|--|--|---------------------------------------|--|--|
| OB/GYN CESAREAN SECTION POST-OP PLAN  |  |  |                                       |  |  |
| - F   | Phase: General Orders  |  |                                       |  |  |
|   |  |  |                                       |  |  |
|   | PHYSIC   | CIAN ORDERS                            |                                       |  |  |
|   | Place an "X" in the Orders column to designate orders of choice  | AND an "x" in the specific or          | der detail box(es) where applicable.  |  |  |
| ORDER   | ORDER DETAILS  |  |                                       |  |  |
|   | Patient Care   |  |                                       |  |  |
|   | Vital Signs Per Unit Standards   |  |                                       |  |  |
|   | Patient Activity Up Ad Lib/Activity as Tolerated   Assist as Needed Bedrest   Bathroom Privileges  | ☐ Bedrest<br>☐ Bedrest   Up to Bedside | Commode Only                          |  |  |
|   | Instruct to Turn, Cough, & Deep Breath   |  |                                       |  |  |
|   | Strict Intake and Output   | 🔲 q1h                                  |                                       |  |  |
|   | ☐ q2h  | ☐ q4h                                  |                                       |  |  |
|   | Urinary Catheter Care  |  |                                       |  |  |
|   | Discontinue Urinary Catheter   |  |                                       |  |  |
|   | Insert Straight Cath<br>Gath PRN if unable to void. Reinsert urinary catheter if staight cath<br>Gath PRN if unable to void  | reuired more that 2 times.             |                                       |  |  |
|   |  |  |                                       |  |  |
|   | Apply Abdominal Binder   |  |                                       |  |  |
|   | Wound Care by Bedside Nursing (Dressing Change by Bedside N Clean Dressing, Cover/Pack with ABD Pad   4x4 Gauze   Abdomin if additional changes needed due to excess bleeding. |  | Change PRN, if needed. Call physician |  |  |
|   | Breast Care  |  |                                       |  |  |
|   | Apply Breast Binder (Apply Sports Bra) As needed for non-nursing mothers.  |  |                                       |  |  |
|   | Apply Ice To: Breasts, as needed for non-nursing mothers.  |  |                                       |  |  |
|   | Lanolin Topical Cream  |  |                                       |  |  |
|   | Communication  |  |                                       |  |  |
|   | Notify Provider of VS Parameters<br>☐ Temp Greater Than 100.4, SpO2 Less Than 95, SBP Greater Than<br>Greater Than 120, HR Less Than 60  | n 160, SBP Less Than 110, DB           | P Greater Than 90, DBP Less Than 50,  |  |  |
|   | Notify Provider (Misc) Reason: If urine output less than 30 mL every hour or less than 12  | 0 mL every 4 hours.                    |                                       |  |  |
| Instruct Patient Instruct Patient On: Breast or Bottle Feeding Initiate pumping if baby is separated from mom for more than 12 hours. |  |  |                                       |  |  |
|   | Notify Nurse (DO NOT USE FOR MEDS)   |  |                                       |  |  |
| 🗆 то  | Read Back  | Scanned Powerchart                     | Scanned PharmScan                     |  |  |
|   | w hu Cianatura   | Date                                   | Time                                  |  |  |
| Order Take  | en by Signature:   |  | Time                                  |  |  |



|  | UMC Health System   | Pa                                 | atient Label Here                   |  |  |
|--|---|------------------------------------|-------------------------------------|--|--|
| OB/GYN CESAREAN SECTION POST-OP PLAN - Phase: General Orders |   |                                    |                                     |  |  |
|  |   |                                    |                                     |  |  |
|  | PHYSICIA  | N ORDERS                           |                                     |  |  |
|  | Place an "X" in the Orders column to designate orders of choice AN  | D an "x" in the specific ord       | er detail box(es) where applicable. |  |  |
| ORDER  | ORDER DETAILS   |                                    |                                     |  |  |
|  | Dietary   |                                    |                                     |  |  |
|  | Oral Diet Clear Liquid Diet Clear Liquid Diet, Advance as tolerated to Regular, when patient is pa  | Regular Diet ssing flatus          |                                     |  |  |
|  | IV Solutions  |                                    |                                     |  |  |
|  | LR<br>□ IV, 75 mL/hr<br>□ IV, 125 mL/hr   | ☐ IV, 100 mL/hr<br>☐ IV, 150 mL/hr |                                     |  |  |
|  | oxytocin 30 units/500 mL NS U IV Final Concentration = 0.06 units/mL (60 milliunits/mL). Dose Range is physician if administered dose (rate) is greater than the usual dose ra Start at rate: munit/min   |                                    | e to desired effect. Notify         |  |  |
|  | Medications   |                                    |                                     |  |  |
|  | Medication sentences are per dose. You will need to calculate a tot   | al daily dose if needed.           |                                     |  |  |
|  | multivitamin, prenatal         1 tab, PO, tab, Daily         Administer with breakfast.   |                                    |                                     |  |  |
|  | iron polysaccharide<br>150 mg, PO, cap, BID<br>Administer with breakfast and dinner.  |                                    |                                     |  |  |
|  | ceFAZolin (cefazolin)         □       1 g, IVPush, inj, q8h, x 1 dose         Give 8 hours after pre-op dose.         Reconstitute with 10 mL of Sterile Water or NS         Administer IV Push over 3 minutes         □       1 g, IVPush, inj, q8h, x 2 dose         Give 8 hours after pre-op dose.         Reconstitute with 10 mL of Sterile Water or NS         Administer IV Push, or 3 minutes         □       1 g, IVPush, inj, q8h, x 2 dose         Give 8 hours after pre-op dose.         Reconstitute with 10 mL of Sterile Water or NS         Administer IV Push over 3 minutes |                                    |                                     |  |  |
|  | Immunizations   |                                    |                                     |  |  |
|  | measles-mumps-rubella virus vaccine (measles-mumps-rubella virus  | s vaccine subcutaneous inj         | ection)                             |  |  |
|  | Tdap adult vaccine (Adacel Tdap)         0.5 mL, IM, inj, ONE TIME         IM only. Booster only, indicated for ages 11- 64 years.  |                                    |                                     |  |  |
|  | pneumococcal 23-polyvalent vaccine (pneumococcal 23-polyvalent vaccine injectable solution)   |                                    |                                     |  |  |
|  | Laboratory  |                                    |                                     |  |  |
| Пто  | Read Back   | Scanned Powerchart                 | Scanned PharmScan                   |  |  |
| Order Take   | en by Signature:  | Date                               | Time                                |  |  |
| Physician  | Physician Signature: Date Time  |                                    |                                     |  |  |
|  |   |                                    |                                     |  |  |

|                                      | UMC Health System  | Det                           | ient Lebel Hene                    |  |  |
|--------------------------------------|--|-------------------------------|------------------------------------|--|--|
| OB/GYN CESAREAN SECTION POST-OP PLAN |  | Pat                           | ient Label Here                    |  |  |
| - Phase: General Orders              |  |                               |                                    |  |  |
|                                      |  |                               |                                    |  |  |
|                                      |  | N ORDERS                      |                                    |  |  |
|                                      | Photocan "X" in the Orders column to designate orders of choice AN   |                               | r datail bax(as) where applicable  |  |  |
| ORDER                                |  | an x in the specific orde     | r detail box(es) where applicable. |  |  |
|                                      | CBC  |                               |                                    |  |  |
|                                      | □ Routine, T;N<br>□ Next Day in AM, T+1;0300   | □ STAT                        |                                    |  |  |
|                                      | Hemoglobin and Hematocrit  |                               |                                    |  |  |
|                                      | Routine, T;N<br>Next Day in AM, T+1;0300   | □ STAT                        |                                    |  |  |
|                                      | BB Rhogam Workup   |                               |                                    |  |  |
|                                      | Hepatitis B Surface Antigen  |                               |                                    |  |  |
|                                      | Additional Orders  |                               |                                    |  |  |
|                                      | The Analgesic and Sedating Medications phase contains all analgesic, s   | edative and antiemetic orders | from the OB                        |  |  |
|                                      | provider.  |                               |                                    |  |  |
|                                      | If patient received an epidural/intrathecal medication, DO NOT initiate th of medication administration or epidural removal. Anesthesia will managed for the second structure of medication and the second structure of the se |                               |                                    |  |  |
|                                      |  |                               |                                    |  |  |
|                                      | If patient DID NOT receive an epidural/intrathecal medication, these orders may be initiated immediately post-delivery.  |                               |                                    |  |  |
|                                      |  |                               |                                    |  |  |
|                                      |  |                               |                                    |  |  |
|                                      |  |                               |                                    |  |  |
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| Order Take                           | on by Signature:   | Date                          | Time                               |  |  |
| Physician                            | Physician Signature: Date Time   |                               |                                    |  |  |
|                                      |  |                               |                                    |  |  |



| Ol<br>- F<br>Pl   | UMC Health System<br>B/GYN CESAREAN SECTION POST-OP PLAN<br>Phase: OB/GYN CESAREAN POST-OP DISCOMFOR<br>_AN - NONANALGESICS/NONSEDATING ONLY   | Patient Label Here                         |  |  |
|---|--|--|--|--|
|   | PHYSICIA   | N ORDERS                                   |  |  |
|   | Place an "X" in the Orders column to designate orders of choice AN   |  |  |  |
| ORDER   |  |  |  |  |
| ORBER   | Medications  |  |  |  |
|   | Medication sentences are per dose. You will need to calculate a tot<br>menthol-benzocaine topical (Chloraseptic 6 mg-10 mg mucous mem<br>1 lozenge, mucous membrane, lozenge, q4h, PRN sore throat   | -  |  |  |
|   | dextromethorphan-guaiFENesin (dextromethorphan-guaiFENesin 20 mg-200 mg/10 mL oral liquid)   |  |  |  |
|   | Gastrointestinal Agents  |  |  |  |
|   | docusate<br>100 mg, PO, cap, Nightly   | 100 mg, PO, cap, Nightly, PRN constipation |  |  |
|   | <b>bisacodyl</b> 10 mg, rectally, supp, Daily, PRN constipation  |  |  |  |
|   | Antacids   |  |  |  |
|   | Al hydroxide-Mg hydroxide-simethicone (aluminum hydroxide-magnesium hydroxide-simethicone 200 mg-200 mg-20 mg/5 mL suspension)<br>30 mL, PO, susp, q4h, PRN indigestion<br>Administer 1 hour before meals and nightly.   |  |  |  |
| simethicone         80 mg, PO, tab chew, q4h, PRN gas         Anti-pyretics |  |  |  |  |
|   |  |  |  | Select only ONE of the following for fever.  acetaminophen  500 mg, PO, tab, q4h, PRN fever  ***Do not exceed 4,000 mg of acetaminophen from all sources in 24 hours***  *****IF acetaminophen ineffective/contraindicated, USE ibuprofen if ordered:*****  1,000 mg, PO, tab, q6h, PRN fever  ***Do not exceed 4,000 mg of acetaminophen from all sources in 24 hours***  *****IF acetaminophen ineffective/contraindicated, USE ibuprofen if ordered:***** |
|   | <ul> <li>ibuprofen</li> <li>200 mg, PO, tab, q4h, PRN fever</li> <li>Do not exceed 3,200 mg in 24 hours. Give with food.</li> <li>400 mg, PO, tab, q4h, PRN fever</li> <li>Do not exceed 3,200 mg in 24 hours. Give with food.</li> </ul>                                |  |  |  |
|   | Anorectal Preparations   |  |  |  |
|   | <ul> <li>Select only ONE of the following for hemorrhoid care.</li> <li>witch hazel-glycerin topical (witch hazel-glycerin 50% topical pad)         <ul> <li>1 app, rectally, pad, hemorrhoids, as needed, PRN hemorrhoid care Wipe affected area</li> </ul> </li> </ul> |  |  |  |
|   | mineral oil-petrolatum-phenylephrine top (Preparation H 14%-74.9%-0.25% rectal ointment)<br>1 app, rectally, oint, q6h, PRN hemorrhoid care<br>Apply to affected area  |  |  |  |
|   |  |  |  |  |
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| Order Take  | en by Signature:   | Date Time                                  |  |  |
| Physician   | Physician Signature:      Time   |  |  |  |

| UMC Health System   |  | _   |   |
|---|--|---|---|
| OB/GYN CESAREAN SECTION POST-OP PLAN<br>- Phase: OB/GYN CESAREAN POST-OP DISCOMFORT<br>PLAN - ANALGESICS/SEDATIVES/ANTIEMETICS/<br>ANTIHISTAMINES |  |   | tient Label Here  |
|   | PHYSICIA   | N ORDERS  |   |
|   | Place an "X" in the Orders column to designate orders of choice AN   | ID an "x" in the specific orde  | r detail box(es) where applicable.  |
| ORDER   | ORDER DETAILS  |   |   |
|   | Patient Care   |   |   |
|   | ***Only OB Providers Should Place This Plan*** ***If VTE Pharmacologic Prophylaxis not given, choose the Contraindica  | See Reference Text for G  |   |
|   | cated*** Contraindications VTE Contraindications Contraind | <ul> <li>Treatment not indicated</li> <li>Other anticoagulant ordera</li> <li>Intolerance to all VTE che</li> </ul> |   |
|   | Apply Elastic Stockings         Apply to: Bilateral Lower Extremities, Length: Knee High         Apply to: Right Lower Extremity (RLE), Length: Knee High         Apply to: Left Lower Extremity (LLE), Length: Thigh High   | Apply to: Bilateral Lower E   | mity (LLE), Length: Knee High<br>Extremities, Length: Thigh High<br>emity (RLE), Length: Thigh High |
|   | Apply Sequential Compression Device<br>Apply to Bilateral Lower Extremities<br>Apply to Right Lower Extremity (RLE)  | Apply to Left Lower Extrem  | nity (LLE)  |
|   |  |   |   |
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| Order Take  | n by Signature:  | Date  | Time  |
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**UMC Health System** 

## OB/GYN CESAREAN SECTION POST-OP PLAN - Phase: VTE PROPHYLAXIS PLAN

Patient Label Here

|                                     | PHYSICIAN ORDERS  |   |  |  |  |
|-------------------------------------|---|---|--|--|--|
|                                     | Place an "X" in the Orders column to designate orders of choice AN  | D an "x" in the specific order detail box(es) where applicable. |  |  |  |
| ORDER                               | ORDER DETAILS   |   |  |  |  |
|                                     | Medications   |   |  |  |  |
|                                     | Medication sentences are per dose. You will need to calculate a tot   | -   |  |  |  |
|                                     | VTE Prophylaxis: Trauma Dosing. For CrCI LESS than 30 mL/min, use I on body weight.   | neparin. Pharmacy will adjust enoxaparin dose based             |  |  |  |
|                                     | Scheduled Analgesics  |   |  |  |  |
|                                     | Co-Administered Analgesics- these medications will be administered tog<br>0.5 mg/kg, subcut, syringe, q12h, Prophylaxis - Trauma Dosing, Pharm<br>Pharmacy to use adjusted body weight if actual weight is greater than   | nacy to Adjust Dose per Renal Function                          |  |  |  |
|                                     | heparin<br>☐ 5,000 units, subcut, inj, q8h, Prophylaxis - Trauma Dosing   | ☐ 600 mg, PO, tab, q8h, x 3 days                                |  |  |  |
|                                     | VTE Prophylaxis: Non-Trauma Dosing  | 1,000 mg, PO, tab, q8h, x 3 days                                |  |  |  |
|                                     | Alternating Analgesics- these medications will be scheduled so that the patient receives a dose every 4 hours.<br>40 mg, subcut, syringe, q24h, Prophylaxis - Non-Trauma Dosing, Pharmacy to Adjust Dose per Renal Function<br>30 mg, subcut, syringe, q12h, Prophylaxis - Non-Trauma Dosing, Pharmacy to Adjust Dose per Renal Function<br>30 mg, subcut, syringe, q24h, Prophylaxis - Non-Trauma Dosing, Pharmacy to Adjust Dose per Renal Function<br>40 mg, subcut, syringe, q24h, Prophylaxis - Non-Trauma Dosing, Pharmacy to Adjust Dose per Renal Function<br>40 mg, subcut, syringe, q12h, Prophylaxis - Non-Trauma Dosing, for BMI Greater than or Equal to 40 kg/m2, Pharmacy to Adjust Dose<br>per Renal Function |   |  |  |  |
|                                     | heparin<br>☐ 5,000 units, subcut, inj, q12h<br>☐ 5,000 units, subcut, inj, q8h  | ☐ 600 mg, PO, tab, q8h, x 3 days                                |  |  |  |
|                                     | rivaroxaban<br>☐ 10 mg, PO, tab, In PM  | ☐ 1,000 mg, PO, tab, q8h, x 3 days                              |  |  |  |
|                                     | Additional scheduled pain medications   | 5 mg, PO, tab, In PM  |  |  |  |
|                                     | <b>aspirin</b><br>☐ 81 mg, PO, tab chew, Daily<br>☐ 325 mg, PO, tab, Daily  | I tab, PO, tab, q6h, x 3 days                                   |  |  |  |
|                                     | Fondaparinux may only be used in adults 50 kg or GREATER.<br>Prophylactic use is contraindicated in patients LESS than 50 kg or CrCl LESS than 30 mL/min  |   |  |  |  |
|                                     | Analgesics for Mild Pain  |   |  |  |  |
|                                     | Select only ONE of the following for Mild Pain  | 2.5 mg, subcut, syringe, q24h                                   |  |  |  |
|                                     | acetaminophen<br>☐ 500 mg, PO, tab, q6h, PRN pain-mild (scale 1-3)<br>***Do not exceed 4,000 mg of acetaminophen from all sources in 24 h<br>USE ibuprofen if ordered:*****<br>Continued on next page   | □<br>ours*** *****IF acetaminophen ineffective/contraindicated, |  |  |  |
|                                     |   |   |  |  |  |
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| Order Taken by Signature: Date Time |   | Date Time   |  |  |  |
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## OB/GYN CESAREAN SECTION POST-OP PLAN - Phase: VTE PROPHYLAXIS PLAN

Patient Label Here

|            | PHYSICIAN ORDERS   |                                       |                           |  |  |
|------------|--|---------------------------------------|---------------------------|--|--|
|            | Place an "X" in the Orders column to designate orders of choice AN   | D an "x" in the specific order detail | box(es) where applicable. |  |  |
| ORDER      | ORDER DETAILS  |                                       |                           |  |  |
|            | 1,000 mg, PO, tab, q6h, PRN pain-mild (scale 1-3)<br>***Do not exceed 4,000 mg of acetaminophen from all sources in 24 hours*** *****IF acetaminophen ineffective/contraindicated,<br>USE ibuprofen if ordered:*****   |                                       |                           |  |  |
|            | ibuprofen<br>400 mg, PO, tab, q6h, PRN pain-mild (scale 1-3)<br>***Do not exceed 3,200 mg of ibuprofen from all sources in 24 hours*** Give with food.   |                                       |                           |  |  |
|            | PRN Analgesics   |                                       |                           |  |  |
|            | Analgesics for Moderate Pain   |                                       |                           |  |  |
|            | Select only ONE of the following for Moderate Pain   |                                       |                           |  |  |
|            | HYDROcodone-acetaminophen (HYDROcodone-acetaminophen 5 mg-325 mg oral tablet)         □       1 tab, PO, tab, q4h, PRN pain-moderate (scale 4-6)         ****Do not exceed 4,000 mg of acetaminophen from all sources in 24 hours.*** *****IF hydrocodone/acetaminophen ineffective/ contraindicated, USE ketorolac if ordered:*****         □       2 tab, PO, tab, q4h, PRN pain-moderate (scale 4-6)         ****Do not exceed 4,000 mg of acetaminophen from all sources in 24 hours.*** *****IF hydrocodone/acetaminophen ineffective/ contraindicated, USE ketorolac if ordered:*****         □       2 tab, PO, tab, q4h, PRN pain-moderate (scale 4-6)         ****Do not exceed 4,000 mg of acetaminophen from all sources in 24 hours.*** *****IF hydrocodone/acetaminophen ineffective/ contraindicated, USE ketorolac if ordered:***** |                                       |                           |  |  |
|            | ketorolac<br>☐ 15 mg, IVPush, inj, q6h, PRN pain-moderate (scale 4-6)<br>May give IM if no IV access   |                                       |                           |  |  |
|            | Analgesics for Severe Pain   |                                       |                           |  |  |
|            | Select only ONE of the following for Severe Pain          morphine         2 mg, IVPush, inj, q4h, PRN pain-severe (scale 7-10)         ******IF morphine ineffective/contraindicated, USE hydromorphone if ordered:*****         4 mg, IVPush, inj, q4h, PRN pain-severe (scale 7-10)         ******IF morphine ineffective/contraindicated, USE hydromorphone if ordered:*****   |                                       |                           |  |  |
|            | HYDROmorphone I 1 mg, IVPush, inj, q4h, PRN pain-severe (scale 7-10)   |                                       |                           |  |  |
|            | Antiemetics  |                                       |                           |  |  |
|            | Select only ONE of the following for nausea/vomiting.  |                                       |                           |  |  |
|            | promethazine<br>☐ 25 mg, PO, tab, q4h, PRN nausea/vomiting<br>*****IF promethazine is ineffective/contraindicated, USE ondansetron if ordered:*****  |                                       |                           |  |  |
|            | ondansetron<br>4 mg, IVPush, soln, q4h, PRN nausea/vomiting  | 4 mg, IVPush, soln, q8h, PRN nau      | usea/vomiting             |  |  |
|            | Sedatives  |                                       |                           |  |  |
|            | zolpidem<br>☐ 5 mg, PO, tab, Nightly, PRN insomnia<br>May repeat x1 in one hour if ineffective   |                                       |                           |  |  |
|            |  |                                       |                           |  |  |
| Пто        | Read Back  | Scanned Powerchart                    | canned PharmScan          |  |  |
| Order Take | n by Signature:  | Date                                  | _ Time                    |  |  |
| Physician  | Physician Signature:   |                                       |                           |  |  |
|            |  |                                       |                           |  |  |



**UMC Health System** 

## OB/GYN CESAREAN SECTION POST-OP PLAN - Phase: PCA MED PLAN

Patient Label Here

|                      | PHYSICIAN ORDERS   |                                 |                                    |  |
|----------------------|--|---------------------------------|------------------------------------|--|
|                      | Place an "X" in the Orders column to designate orders of choice AN   | D an "x" in the specific orde   | r detail box(es) where applicable. |  |
| ORDER                | ORDER DETAILS  |                                 |                                    |  |
|                      | Communication  |                                 |                                    |  |
|                      | Notify Provider of VS Parameters (Notify Provider if VS)<br>RR Less Than 10, Patient becomes unresponsive  |                                 |                                    |  |
|                      | .Medication Management (Notify Nurse and Pharmacy)   |                                 |                                    |  |
|                      | If respirations fall below 10 breaths per minute or patient becomes un   | responsive, stop PCA pump.      |                                    |  |
|                      | IV Solutions   |                                 |                                    |  |
|                      | ***CAUTION***<br>Ordering a continuous rate (Basal Dose), should be reserved for opioid t  | olerant patients who require hi | gh dose therapy.                   |  |
|                      | ***DOSING NOTES***:  |                                 |                                    |  |
|                      | <ol> <li>Initial doses are for opioid naive patients. Chronic pain patients may re</li> <li>Decrease initial starting dose by 25-30% in patients greater than 65 ye hepatic, or pulmonary impairment.</li> </ol> |                                 | h renal,                           |  |
|                      | <ol> <li>Hydromorphone and fentanyl are recommended for patients with rena<br/>morphine.</li> </ol>  | l impairment and/or those who   | cannot tolerate                    |  |
|                      | morphine (morphine 30 mg/30 mL PCA)  |                                 |                                    |  |
|                      | <ul> <li>Dose (mg) = 1, Lock-out Interval (min) = 10, 4-hour Limit (mg) = 20, S</li> <li>Dose (mg) = 2, Lock-out Interval (min) = 10, 4-hour Limit (mg) = 40, S</li> </ul>                                       |                                 |                                    |  |
|                      | HYDROmorphone (HYDROmorphone 6 mg/30 mL PCA) Dose (mg) = 0.1, Lock-out Interval (min) = 10, 4-hour Limit (mg) = 2, Start date/time T;N   |                                 |                                    |  |
|                      | Dose (mg) = 0.2, Lock-out Interval (min) = 10, 4-hour Limit (mg) = 4, 5  | Start date/time T;N             |                                    |  |
|                      | Dose (mg) = 0.3, Lock-out Interval (min) = 10, 4-hour Limit (mg) = 6, Start date/time T;N  |                                 |                                    |  |
|                      | fentaNYL (fentaNYL 300 mcg/30 mL PCA)<br>☐ Dose (mcg) = 10, Lock-out Interval (min) = 10, 4-hour Limit (mcg) = 100, Start date/time T;N  |                                 |                                    |  |
|                      | Dose (mcg) = 10, Lock-out Interval (min) = 10, 4-hour Limit (mcg) = 150, Start date/time T;N   |                                 |                                    |  |
|                      | Dose (mcg) = 10, Lock-out Interval (min) = 10, 4-hour Limit (mcg) = 200, Start date/time T;N   |                                 |                                    |  |
|                      | If no IV Fluid is currently infusing, start 0.9% sodium chloride to keep vei   | n open for duration of PCA      |                                    |  |
|                      | NS (Normal Saline)   |                                 |                                    |  |
|                      | Medications  |                                 |                                    |  |
|                      | Medication sentences are per dose. You will need to calculate a tot  | al daily dose if needed.        |                                    |  |
|                      | ACUTE MANAGEMENT OF RESPIRATORY DEPRESSION<br>If respiratory rate is less than 10 breaths/min or patient is unresponsive   |                                 |                                    |  |
|                      | 1. Stop PCA Pump   |                                 |                                    |  |
|                      | <ol> <li>Administer naloxone (Narcan) as ordered until respiratory rate is greater than 10 breaths/min.</li> <li>Notify Physician</li> </ol>   |                                 |                                    |  |
|                      | naloxone   |                                 |                                    |  |
|                      | 0.1 mg, IVPush, inj, q2min, PRN bradypnea<br>May give undiluted or dilute 0.4 mg into 9 mL of normal saline for a to   | tal volume of 10 mL to achieve  | a 0.04 mg/mL concentration         |  |
|                      | (0.1 mg = 2.5 mL).   |                                 |                                    |  |
|                      | Continued on next page   |                                 |                                    |  |
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| Order Take           | n by Signature:  | Date                            | Time                               |  |
| Physician Signature: |  |                                 | Time                               |  |
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| O          | UMC Health System<br>B/GYN CESAREAN SECTION POST-OP PLAN<br>Phase: PCA MED PLAN | Pa                            | tient Label Here                    |
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| - F        | Phase: PCA MED PLAN   |                               |                                     |
|            | PHYSICIA  | N ORDERS                      |                                     |
|            | Place an "X" in the Orders column to designate orders of choice AN              | D an "x" in the specific orde | er detail box(es) where applicable. |
| ORDER      | ORDER DETAILS   |                               |                                     |
|            | Respiratory   |                               |                                     |
|            | Continuous Pulse Oximetry   |                               |                                     |
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